



Crockpot Taco Chili

INGREDIENTS

- 1 medium onion, diced
- 1 red, orange, or yellow bell pepper, diced
- 1 (1.25 oz.) packed reduced sodium taco seasoning
- 2 Tbsp. tomato paste
- 3 cans white chili beans (not drained)
- 1 can diced tomatoes with chilies (not drained)
- 1.5 lb. shredded cooked rotisserie chicken

INSTRUCTIONS

1. Place the onion, bell pepper, taco seasoning, tomato paste, beans, tomatoes, and chicken in a slow cooker.
2. Cook on low for 4 hours.

SERVING SIZE

*Recipe makes 4 servings